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UNIT 1

My body

Objectives
In this unit you will learn about...

Experiment time!
Use your body parts!

1. 🎧 Look, listen and do.
2. Trace and match.

- feet
- hands
3. Look and say *hands* or *feet*.
Parts of my body

1. Listen and point. Then trace.

   head
   torso
   limbs

2. Trace and read.

   My arms and legs are limbs.

3. Listen and number.

   hand
   arm
   head
   neck
   foot
   leg
4. Listen and touch your joints. Then listen and match.

1. shoulder
2. elbow
3. wrist
4. hip
5. knee
6. ankle

5. Tick the joints in your arm.

- ankle
- wrist
- knee
- elbow

6. Move your joints!

My body has different parts.
They are connected by joints.
Experiment time!

**QUESTION**

Can you do it?

**HYPOTHESIS**

What do you think you can do? Circle the word.

I think I can move a ball with my:

foot  hand  nose

I think I can catch a ball with my:

feet  hands  nose

I think I can pick up a ball with my:

feet  hands  nose
TEST YOUR HYPOTHESIS

MATERIALS

• a soft ball

STEPS

Try. Then tick.

Move a ball with your:

- foot
- hand
- nose

Catch a ball with your:

- feet
- hands
- nose

Pick up a ball with your:

- feet
- hands
- nose

RESULTS AND CONCLUSIONS

Which body parts are best? Circle.

- foot
- hand
- nose

DON'T FORGET TO WATCH THE VIDEO!
My bones and muscles

1. Which ones have a skeleton? Circle.

2. Look and match.

3. Listen and say the chant.
4. Listen and match.

5. Look and colour the muscles red and the bones yellow.

My skeleton protects my body. My bones and muscles help me move. They help me interact with the world.
1. Match and say.

- smell
- see
- hear
- taste
- touch

2. Listen and sing the song.

3. Listen again and number.

4. Listen and read the story.
I have five senses. They help me interact with the world.
My respiratory and circulatory systems

1. Trace and read.

We need oxygen from the air to live.

2. Number the pictures.

Air goes out through our mouth.

We breathe air in through our nose.

Air goes into our lungs.

3. Follow the steps in activity 2 to breathe!

4. Match.

nose

mouth

lungs
5. Trace and match.

6. **Do!** Put your hand on your heart! Can you feel it?

7. Trace and read.

The blood takes **oxygen** from the air and nutrients from the **food** we eat around our body.

We need oxygen and food to live. Our respiratory and circulatory systems are part of nutrition.
1. Read and colour.

- nutrition
- interaction
- reproduction

2. Draw the path the apple follows from the mouth to the toilet. Then circle.

This process is called...

- nutrition
- interaction
- reproduction

3. What will their baby look like? Tick.

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
4. Are humans oviparous or viviparous? Circle the correct picture.

Oviparous  Viviparous

5. Match.

Humans have three life processes: nutrition, interaction and reproduction. Humans are viviparous.
Let's revise!

1. Stick.

   limbs  torso  head

2. Circle the joints. Then point and say.

3. Colour the circle **yellow** (bones) or **red** (muscles).
4. Read and circle.

I use **hands / feet** to play the guitar.
The wrist is a **muscle / joint**.
The knee is a joint in my **arm / leg**.
My **muscles / teeth** help me move.

5. Read and match.

I use my ears to hear.

I breathe with my lungs.

My circulatory system is part of nutrition.
Study skills!

Trace and draw.

My body has three parts:
- limbs
- head
- torso

We have:
- muscles
- bones

Body parts:
- leg
- arm
- foot
- hand
- neck
PICTURE DICTIONARY

- head
- torso
- limbs
- hand
- arm
- neck
- leg
- foot
An ecosystem in Andalucía.

1. What’s this? Tick.

- A jasmine field in Granada.
- A sunflower field in Carmona, Sevilla.
- A geranium field in Huelva.

2. What can we find in this ecosystem?
- reptiles
- sunflowers
- mammals
- plain
- insects
- birds

3. How do humans interact with this ecosystem? Circle.
- farming
- fishing
- building country houses
- rural tourism
- urban tourism
- building skyscrapers

Create
Make an ecosystem mobile!

**MATERIALS**
- card (1 rectangle and 4 circles)
- hole punch
- coloured pencils
- wool

**STEPS**
1. Write the name of your ecosystem on the rectangle.
2. Write the words ANIMALS, PLANTS, HUMANS and NON-LIVING THINGS on each circle.
3. Draw a picture on the back of each circle.
4. Tie the circles to the rectangle using a hole punch and pieces of wool.
5. Show your class!

**MY PROGRESS**
I know about in ecosystems in Andalucía. □ OK □ GOOD □ EXCELLENT
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**MY PROGRESS**

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[ ] OK
[ ] GOOD
[ ] EXCELLENT